

# The Tartan CIPHI NS/PEI Branch Newsletter

## PRESIDENTS MESSAGE



Hope everyone is enjoying the summer of 2015! It has been a busy year for many of our members in the NS/PEI Branch. I hope you enjoy this 3rd issue. I would first like to congratulate Melissa Barreiro on her appointment as the Editor of the Tartan. Thank you Cheryl Cameron for your work and dedication as Editor of the Tartan. Here are a few things that I would like to bring to your attention.

For those in Nova Scotia, some Environmental Public Health Professionals (EPHPs) are transitioning to a new division of Nova Scotia Environment. It is a time of tremendous change, but also time to reflect on the good work that we have provided as public servants and professionals over the past many years. We have specialized programs in Food Safety, Personal Services, Water, Recreational Camps and Long Term Care facilities, all things that we would not have had without specialization from the generalist Public Health Inspector. We in food safety have developed in depth knowledge as EHPHs to work on specialized meat, and food processing operations.

We need to embrace the change and challenges ahead including the many opportunities that come with change. Change is constant in the public service.

There are a couple of things that I would like to draw your attention to over the coming months:

- 1. We have vacancies for a member of the Board of Certification and a Branch Exam Coordinator, see the ad for more information. You can also contact Barry MacGregor our current BOC rep and exam coordinator. Thanks Barry MacGregor for your service to the branch and BOC in those two roles over the last 3 years.
- 2. The National Education Conference is in Ottawa in September 13-16, 2015. It is a very worth while conference to attend especially for those who have not attended in the past. You will learn ideas, gain knowledge, and new approaches to the work of EPHPs. You'll extend your professional network and gain some friends for life.

Thanks and I hope you enjoy your summer!

Sean O'Toole, CPHI(C), CP-FS, CET President NS/PEI Branch

# MESSAGE FROM THE EDITOR

Welcome to our 3rd edition of, "The Tartan." For those members who do not know me I am an Environmental Health Officer with Health Canada, First Nation and Inuit Health Branch, Environmental Public Health Program.

I would like to thank all the members and organizations for their contributions to this edition. We all have such diverse yet common interests in public health and I wanted to capture some of that diversity in this edition.

Content and ideas for every newsletter emerge from the Executive Branch and active members. I will make my best efforts to create each issue of, "The Tartan" as an informative and interesting reflection of the ideas received from those contributions. I don't mind putting pressure on those Executive Members!

Our goal is for members to receive the newsletter on a semi-annual basis. I encourage future ideas for content (fun, serious and news to use) in, "The Tartan," to be emailed to me at <a href="mailto:melissa.young@hc-sc.gc.ca">melissa.young@hc-sc.gc.ca</a>.

Melissa Barreiro, CPHI(C)

# **Message From the President Elect**

I would like to start by acknowledging the contributions that Ryan Neale has provided to the Branch over many years as Councillor for PEI. We welcome Kelly Hughes who has volunteered to replace Ryan as representative for PEI.

Congratulations to Melissa Barreiro on her new position as Editor of The Tartan. Thank you to Cheryl Cameron for her contributions during her term as Editor.

We will begin the planning stages of Environmental Public Health Week soon and hope to continue growth and celebrate future success for our valuable contribution in the field of public health.

To Sean and the NS/PEI Branch Executive thank you for being a great team and working together to bring us great opportunities to enhance our knowledge and obtain our professional development hours.

I hope everyone has a safe and enjoyable summer! For anyone who is lucky enough to attend the Annual Education Conference this year in Ottawa enjoy yourself, it is a wonderful learning experience, an opportunity to meet new people, reunite with old friends and is always a great time.

Sara Baird, CPHI(C)
President Elect NS/PEI Branch

#### PEI Department of Health & Wellness

#### **Prince Edward Island**

Greetings from Environmental Health on PEI! The past year has brought a few significant changes to our office. We were sad to say goodbye to Dr. Lamont Sweet (former Chief Public Health Officer and more recently Deputy Chief Public Health Officer for PEI) last year when he made the decision to retire after a rewarding career that spanned 24 years. Our new Deputy Chief Public Health Officer, Dr. David Sabapathy, comes to us with both an engineering and medical background and works closely with our group at Environmental Health. He is a great addition to our team. On November 1, 2014, we were excited to have our new Food Premises Regulations for PEI come into effect. This was the first major update to food safety legislation for PEI since 1979! Our new regulations bring with them the requirement for sanitation plans and food safety training (effective April 1, 2016). With the food safety training requirement coming, we have had a large demand for food safety training.

We are currently just starting into our busiest time of the year here on PEI – tourist season! During the summer months, our population swells significantly and we're kept very busy with inspecting seasonal food premises and swimming pools as well as covering an ever growing list of festivals and events (such as the Cavendish Beach Music Festival, Diverse City, Canada Day, Old Home Week, Farm Day in the City - just to name a few!) in addition to our regular work. We're fortunate to have a great team of EHOs here – everyone takes a share in the work to ensure sufficient coverage so everyone gets to enjoy a break at some point during the summer!

Kelly Hughes, CPHI (C)

#### Department of Health & Wellness

**Central Region, Nova Scotia** 

Welcome from Nova Scotia, Central Region. We have been busy at Department of Health and Wellness with the new changes to the tobacco legislation. Also, the Environmental Health team at Department of Health

and Wellness will be transitioning to a new division at Nova Scotia Environment, among other Departments, effective July 1, 2015. We expect this to be a great opportunity for inspectors to come together and collaborate.

Our division is also hiring a new Public Health Officer for Western Region. We're looking forward to another member to join our team.

On September 25, 2014, approximately 20 CIPHI members from Central, Northern and Western Regions celebrated Environmental Public Health Week, at the Stubborn Goat in Halifax. It was a great opportunity for networking and the branch received positive feedback from the event. Stay tuned for 2015's Environmental Public Health Week Celebration in Central. If you have any ideas or suggestions, feel free to send them my way @ heidi.darling@novascotia.ca

Thanks,

Heidi Darling, CPHI (C), BHSc Environmental Health Officer

## **Student Award**



Jason Catoul, Branch Treasurer, Sean O'Toole, President NS/PEI Branch and Melissa MacDonald, Program Coordinator and Instruction of Public Health at Cape Breton University present Karin Walden with the Student Award.

The Nova Scotia / Prince Edward Island Branch of the Canadian Institute of Public Health Inspectors were pleased to award Karin Walden with our Student Award of \$250.00.

This award was established by the branch to recognize an outstanding student in the Public Health Program at Cape Breton University (CBU).

The Branch wishes Karin all the best on her future endeavours in the field of environmental public health.



#### NS/PEI Board of Certification Member – VOLUNTEER POSITION

#### **OBJECTIVE**

The Board of Certification (BOC) is responsible for the school accreditation and student certification process on behalf of the Canadian Institute of Public Health Inspectors (CIPHI). BOC Members work to ensure the highest standards for entry into the profession are met with a consistent approach across the country for both of these processes.

#### **ROLE OF INDIVIDUAL MEMBERS**

BOC members are responsible to:

- Understand BOC Regulations and Administrative Policies;
- Maintain a personal up-to-date file for BOC business consisting of BOC documents (policies, forms, regulation, discussion papers, minutes, etc.);
- Understand and support the exam certification process;
- Fully attend and actively participate at biannual BOC meetings (unless special circumstances arise); and participate in teleconferences as required (typically less than 3x/year);
- Communicate as required with his/her respective provincial CIPHI branch or the National Executive Council (NEC) (for Branch/NEC appointed members)
- Communicate regularly with provincial exam coordinators;
- Act as the "Lead" and "Back-up" on a minimum of one BOC work portfolio;
- Participate in school reviews as required;
- Complete action items as assigned and accepted, and inform the BOC members of their completion; and
- Prepare discussion papers in an approved format for matters being brought before the BOC related to policy or regulation changes.

#### **FINANCIAL IMPLICATIONS**

The cost associated with being a member of the BOC will be shared at 50% by the BOC and the branch.

#### **TO APPLY**

Please submit your application to Sean O'Toole, NS/PEI Branch President, 360 Prince St., Suite 32, Sydney, NS B1P 5L1, fax: 902-563-3435 or email: <a href="mailto:sean.otoole@novascotia.ca">sean.otoole@novascotia.ca</a>



#### NS/PEI Branch Exam Coordinator – VOLUNTEER POSITION

#### **Purpose**

The Exam Coordinator of the NS/PEI Branch will responsible for the coordination of examinations for the Board of Certification.

#### **Role and Responsibilities**

- Understand and coordinate all activities in accordance with the BOC Administrative Policies and the BOC Guideline for Exam Coordinators and Examiners.
- Conduct any examination under his/her region.
- Adhere to the confidentiality policy of the BOC that protects the privacy of candidates, the appropriate release of exam results and other related matters.
- Appoint the members of the examination panel(s).
- Arrange for marking of candidates Field Inspection Reports by examiners.
- Receive correspondence and notify the CIPHI Secretary of the location of exam and the selected members of the exam panel.
- Notify candidates of the location of exam and the date and time when the candidate should report for the examination.
- Make all arrangements for conducting the verbal examinations and ensure it is conducted in accordance with the Administrative Policies and Guideline for Exam Coordinators and Examiners.
- Provide instructions to each member of the Exam Panel for the proper and consistent conduct of exams.
- Ensure all exam materials are returned to the CIPHI Secretary.
- Maintain current membership within CIPHI.

#### **Qualifications and Key Attributes**

- Must have a valid Certificate in Public Health Inspection (Canada) and a member of the CIPHI NS/PEI Branch
- Strong organizational skills
- Ability to clearly communicate through verbal and written means
- Ability to work outside and during regular business hours

#### **Accountability/Time Requirements**

This position is accountable to the CIPHI NS/PEI Executive and Board of Certification. Time requirements are heavier during the 2 exam periods in October and April each year. The term of this position is 3 years and will be appointed by the Branch.

Please submit your application to Sean O'Toole, NS/PEI Branch President, 360 Prince St., Suite 32, Sydney, NS B1P 5L1, fax: 902-563-3435 or email: sean.otoole@novascotia.ca

# Travelling Public Program (*TPP*) Environmental Health Officer's (*EHOs*) hard at work!

If you have ever taken a cruise or thought about taking one, you'll be glad to know that Public Health Agency of Canada (PHAC) — Office of Border Health (OBHS) — Travelling Public Program (TPP) Environmental Health Officer's (EHOs) are hard at work! A new program to the Public Health Agency of Canada the Travelling Public Program moved from Health Canada to PHAC in April 2013. This program consists of 14 EHOs spread across the country and a small cadre of management, however small its mandate is crucial in keeping us all healthy when we travel.

All international cruise ships will receive at least one unannounced public health inspection during their time in our Canadian waters.
Each year, approx. 70 cruise ships are inspected in Canada but this number is growing especially with the expansion of cruising in our northern waters.

TPP Environmental Health Officers conduct unannounced public health inspections on all international cruise ships travelling in Canada during the cruise ship season from April – October. The PHAC - Cruise Ship Inspection Program (*CSIP*) is aimed at preventing communicable diseases including food and water borne illnesses and includes assessments of all onboard systems including potable water (*handling*, *disinfection*, *storage and distribution*); recreational water, food services (*storage*, *preparation and handling*); and housekeeping / general sanitation to name a few. Inspections are scored with weighting

related to the risk of gastrointestinal illness outbreaks onboard.

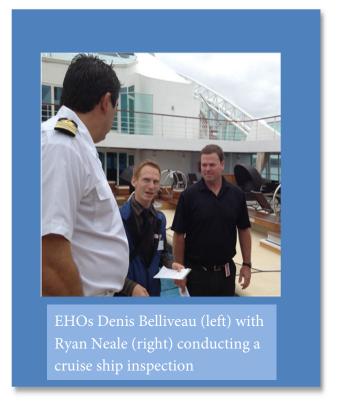


The Travelling Public Program (*TPP*) has worked diligently with the cruise ship industry to implement a voluntary compliance inspection program. All cruise ships are assessed against the TPP cruise ship inspection guidelines that were harmonized in 1999 between Canada and the United States – Centre of Disease Control – Vessel Sanitation Program (*VSP*), resulting in a superior inspection program and effective partnership. This is a great example of PHAC – OBHS TPP partnering with its clients to ensure the health and safety of Canadians.

In addition to the inspection protocols, EHOs also provide valuable feedback and helpful public health advice to the officers and crew during the inspection, and in the subsequent report. This feedback goes a long way to helping the crew to find efficiencies in the way they work and gives them the ability to make constant improvements.

In addition to conducting cruise ship inspections, OBHS - TPP Environmental Health Officers conduct hundreds other public health related inspections other conveyances on as international such sea going vessels, passenger trains, ferries and aircraft and their ancillary services (flight kitchens, passenger terminals, etc.). They monitor and respond to gastrointestinal disease outbreaks on passenger conveyances, provide general sanitation advice and issue International Health Regulations - Ship Sanitation Certifications to international vessels in order to prevent the introduction of communicable diseases into Canada.





Seen here (left) is Janine
Strickland, EHO with the
PHAC Public Travelling
Program giving a presentation
at the CIPHI NS/PEI Branch
Professional Development
Session on April 10, 2015 at
Inn on the Lake, Fall River, NS.

Canadian Institute of Public Health Inspectors L'Institut canadien des inspecteurs en santé publique

President: Sean O'Toole Treasurer: Jason Catoul Secretary: Sarah MacEachern c/o Nova Scotia Department of Agriculture 360 Prince St., Suite 32 Sydney, NS B1P 5L1

http://www.ciphi.ns.ca/

#### **National Educational Conference Award**

The NEC Award is presented annually by the Nova Scotia/Prince Edward Island Branch of the Canadian Institute of Public Health Inspectors to a member of the association who has made a significant contribution to the association, the field of public/environmental health and the community, while displaying the highest standards of professional performance.

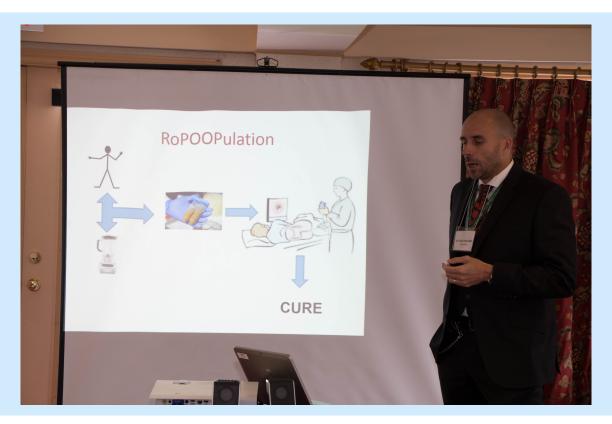
Criteria for consideration include:

- A. Significant contribution to the advancement of the association, the field of public/ environmental health and community.
- B. Promotion of the professional standards of the Canadian Institute of Public Health Inspectors.
- C. Exemplary leadership in dealing with a critical issue affecting public health or environmental health.

| Name of Nominee:                | : P   |
|---------------------------------|-------|
| Address:                        | ) J   |
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|                                 |       |
| Name of Nominator: //CORPORATED | Date: |
| Name of Seconder:               | Date: |

On a separate sheet, please describe the contribution of the individual that are worthy of recognition by this award.

The Executive Committee has waived the 30 Day deadline. Please mail, fax (902-563-3435) or email (sean.otoole@novascotia.ca) the nomination form and supporting information to Doreen Mackley, by March 27, 2015.



Above is Dr. Todd Hatchette Assistant Professor; Chief, Division of Microbiology; Department of Pathology and Laboratory Medicine; Capital District Health Authority presenting at our NS/PEI CIPHI Professional Development Day Session held April 10, 2015 Inn on the Lake, Fall River, NS. His topic: Antimicrobial Resistance and the CDC Big Three.



# **Nova Scotia Leads the Way...Again**

#### Text submitted by: Nita MacLean, CPHI(C)

On May 31, Nova Scotia became the first jurisdiction in the world to ban flavoured tobacco. Amendments to the existing Tobacco Access Act prohibit the sale of all flavoured tobacco product, eliminating access to tobacco that incentivises smoking and makes it attractive to youth. The amendments are part of a comprehensive update to legislation that now also restricts the sale of electronic cigarettes and prohibits their use in public places. While other jurisdictions have proposed similar laws or passed legislation, Nova Scotia leads the way globally as the first to implement such laws.

Under the amended laws, people are no longer allowed to smoke indoors with e-cigarettes and waterpipes/hookahs, and people smoking e-cigarettes and waterpipes/hookahs outside, will have to be at least 4 meters from windows, air intake vents, and entrances to places of employment.

In addition, menthol cigarettes and all other flavoured tobacco product are banned from sale in Nova Scotia, with just a few exemptions. Wine, rum, whiskey and port flavoured pipe tobacco and similar flavoured cigars that weigh more than 5 grams and cost over \$4. Flavoured tobacco, according to the amendments in the TAA, means tobacco that (i) has a characterizing scent or flavour, other than tobacco, that is noticeable before or during use, or both, (ii) by its packaging, labelling, advertising or otherwise, is represented as being flavoured, or (iii) is designated under the regulations as being flavoured, but does not include tobacco exempted by the regulations. Pipe tobacco that is flavoured wine, rum, whiskey and port is also exempt from the regulations.

Other items banned include flavoured papers that may be used with tobacco, despite packaging that says it is not intended for tobacco use, as well as flavoured tobacco products that are not smoked such as chewing tobacco and snuff. Flavoured hookah tobacco is also banned under the new regulations. Under the new legislation, tobacconists (those who sell tobacco products and lottery, and no other items) are not permitted to sell e-cigarettes and accessories, and vape shops will not be allowed to sell tobacco. There are also new signage requirements. Stores who sell tobacco will be receiving one new sign per register, to replace the previous signage that was required in stores. Vape shops will be also be **receiving** signage for their premises.

The goal of these amendments is to prevent young people from using tobacco, help people quit tobacco, as well as improve the health of Nova Scotian's. For more information, visit http://novascotia.ca/dhw/healthy-communities/tobacco-control.asp or call 1-800-565-3611.

## CPC PROGRAM – PDH's REMINDER

The Continuing Professional Competencies (CPC) Program was started in 2010 for all CIPHI members. Continuing education is a critical part of our profession as the field of environmental health is every changing. Each year, it is important that we maintain and log our professional development hours (PDH's). At the years end these hours are to be submitted through the CIPHI membership site. To better assist CIPHI members any questions or concerns pertaining to the CPC program can be directed to cope@ciphi.ca. To log your PDH's visit the Member's Service Center at www.ciphimember.ca. Remember to log your PDH's for 2015!





# **BRANCH EXECUTIVE**

**Branch President: Sean O'Toole** 

**President-Elect: Sara Baird** 

**Cape Breton NS Representative: Vacant** 

**Central NS Representative: Heidi Darling** 

Northern NS Representative: Dana MacDonald

Southern NS Representative: Alan McMullin

Western NS Representative: Stephen Ferguson

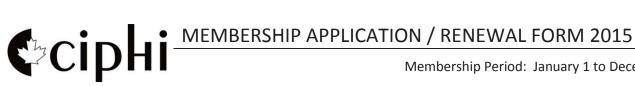
**PEI Representative: Kelly Hughes** 

**Branch Secretary: Sarah MacEachern** 

**Branch Treasurer: Jason Catoul** 

**Branch Web Master: Vanessa Nickelo** 

**To all NS and PEI CIPHI Members:** Unsure about your member status? Is your certification current? If you would like to verify your membership status please contact the branch president Sean O'Toole or contact national executive administration at <a href="mailto:office@ciphi.ca">office@ciphi.ca</a>



Membership Period: January 1 to December 31, 2015

I hereby make application for Membership (see list below) in the Canadian Institute of Public Health Inspectors. This application implies that membership is to continue until resignation is tendered, or until membership is discontinued under the conditions contained in the By-Laws of the Institute.

| ☐ No Changes From La  | ast Year                                 | ☐ Yes, Change                       | es – See Below (                    | Complete section   | n below <u>only if p</u>                                | personal inform                      | nation has chan                     | ged.)                |
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| NAME: SUF   | RNAME                                    | FIRST                               |                                     | MIDDLE   | Dat   | te of Birth:                         | AY / MONT                           | H / YEAR             |
| Certificate Number:   |  |                                     | Year Certif                         | fied:  | _   |                                      |                                     |                      |
| Home Address:   | STREET ADDRESS                           | S                                   |                                     | CITY / TOWN  |   | PROVINCE                             |                                     | POSTAL CODE          |
| Home Phone Number   | Area Code                                |                                     |                                     | Home Email Addr  | ress:   |                                      |                                     |                      |
| Present Employer:   |  |                                     |                                     | Work Phone Nun   | nber: Area Cod  | de                                   | Ext.                                |                      |
| Employer Address:   | STREET A                                 | DDRESS                              |                                     | CITY / TOWN  | l   | PROVING                              | CE                                  | POSTAL CODE          |
| Work Email Address: _   |  |                                     |                                     |  | Fax Number:   | Area Code                            |                                     |                      |
| select New Brun<br>If you reside outside o  | nch is the province<br>nswick branch; fo | ce in which you r<br>or the NWT and | reside unless you<br>Nunavut please | u live in Québec,<br>e select Alberta; a<br>please select Inte | Northwest Terri<br>and for the Yukor<br>ernational Memb | itories, Nunavu<br>n please select I | ıt, or Yukon. For                   |                      |
| Membership Type   | British<br>Columbia**                    | Alberta**                           | Saskatchewan                        |  | Ontario   | New<br>Brunswick                     | Nova Scotia /                       | / NFLD /<br>Labrador |
| Tax Rate  | 5%                                       | 5%                                  | 5%                                  | 5%   | 13%   | 13%                                  | 15%                                 | 13%                  |
| Regular Dues (by Branch)  | \$200.00 plus tax                        | \$200.00 plus tax                   | \$200.00 plus tax                   | T .  | \$200.00 plus tax                                       | \$200.00 plus tax                    | \$195.00 plus tax                   |                      |
| Total Dues with Taxes   | \$210.00                                 | \$210.00                            | \$210.00                            | \$210.00   | \$226.00  | \$226.00                             | \$224.25                            | \$214.70             |
| Retired Dues \$50.00  | \$52.50                                  | \$52.50                             | \$52.50                             | \$52.50  | \$56.50   | \$56.50                              | \$57.50                             | \$56.50              |
| Student Dues \$50.00  | \$52.50                                  | \$52.50                             | \$52.50                             | \$52.50  | \$56.50   | \$56.50                              | \$57.50                             | \$56.50              |
| Fraternal Dues \$120.00<br>International Dues   | \$126.00                                 | \$126.00                            | \$126.00                            | \$126.00   | \$135.60  | \$135.60                             | \$138.00                            | \$135.60             |
| Non-CIPH(C) Holder  | \$105. 00 (Taxes                         | Not Applicable)                     |                                     |  |   |                                      |                                     |                      |
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| <b>Code of Ethics</b> – As a  | Member of the                            | Canadian Institu                    | ute of Public Hea                   | alth Inspectors, I   | acknowledge:  |                                      |                                     |                      |
| That I have moral oblig   |  |                                     |                                     |  |   |                                      |                                     |                      |
| to act to protect the public's health, follow the Constitution, the By-Laws, the Standards of Practice of CIPHI, and conduct myself in a manner worthy of the environmental public health profession and practice in accordance with these fundamental principles and ethics including: |  |                                     |                                     |  |   |                                      |                                     |                      |
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| I understand that my  |  | t information w                     | ill be used in acc                  | cordance with CIF  | PHI's privacy poli                                      | icv. National Or                     | nerating Policy:                    | 2                    |
| (http://www.ciphi.ca/   |  |                                     |                                     | 0. 3   |   |                                      | ,                                   | -                    |
| In accordance with thi  |  |                                     | ing boxes I give r                  | permission for CI  | PHI to provide n  | name and conta                       | act information (                   | to CIPHI             |
| stakeholders for the p  | ourposes of :                            | ☐ CIPHI                             | I fundraising                       | ☐ Info   | ormation from Co  | orporate / Affilia                   | ate members                         |                      |
| By signing below, you   | are applying for                         | membership, a                       | and agree to uph                    | old the Code of F  | Ethics of the Can                                       | nadian Institute                     | of Public Healt!                    | h Inspectors,        |
| as printed above. I ag have my information of   | gree to have my o                        | credit card debit                   | ited the above se                   | elected amount, i  | if I have chosen t                                      | that method of                       |                                     |                      |
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Please forward applications and payment to: CIPHI, #720 – 999 West Broadway, Vancouver, BC V5Z 1K5 CANADA Phone: 604 739 8180 (Toll Free: 1888 245 8180) Fax: 604 738 4080 Email: office@ciphi.ca